



## Wellbeing Warriors Charter

As Wellbeing Warriors, we:

- Help others to understand what wellbeing is.
- Understand that we can feel different emotions at different times.
- Accept it's okay, not to be okay.
- Will listen to others, so they can discuss how they are feeling.
- Will try to help where we can, or get an adult who can.
- Will respect other's privacy and be trustworthy.
- Will be supportive and helpful.

